

WFTC BULLETIN

WORLD FEDERATION OF THERAPEUTIC COMMUNITIES

ESSENCE AND INNOVATIONS

WFTC holds 5th Institute in Mallorca



SUCCESS — The 5th WFTC Institute, a meeting of some 150 experts on the therapeutic community approach to treatment of dependency, was a resounding success. Its major output, the Declaration of Mallorca, is reprinted in full on pages 5-6. Photo shows some of the WFTC leaders during the closing ceremonies: (L to R) Oriol Esculies, International

Representative, Proyecto Hombre; Fabian Chiosso, FLACT, Argentina; James Pitts, Odyssey House, Australia; WFTC President Dr. Sushma Taylor, USA; Luis Bononato, President, Proyecto Hombre, Spain; Jesus Mullor, Managing Director, Proyecto Hombre Balears; Martin Infante, President, SELF, Philippines; Rowdy Yates, Stirling University, UK.

THE 5th WFTC Institute was held in the gorgeous island of Palma de Mallorca, Spain from November 30 to December 3, 2016. The convention was hosted by Proyecto Hombre Balears under the stewardship of its Managing Director, Jesus Mullor.

Under the theme “Essence and Innovations”, around 150 experts on the Therapeutic Community (TC) from 26 countries convened in the charming Gran Melia

Victoria Hotel to evaluate the efficacy of the Therapeutic Community (TC) approach in the treatment of addiction and other behavior disorders, with the end goal of publishing a new *Declaration* on the practice.

On the evening of November 30, Jesus Mullor presided over a meeting of the Scientific Committee at the Proyecto Hombre Headquarters. There, he explained the format of the workshops along with the

guidelines and procedures for the Facilitators, Secretaries and Spokespersons assigned to six working groups.

The 5th WFTC Institute formally opened in Plenary on the December 1 with special messages from Bartomeu Catala, President of Projecte Home Balears and Chairman of the Organizing Committee; Elena Martin, Representative of the National Plan on Drugs of the Government of Spain; and the Honorable Francina Armengol, President of the

Government of the Balearic Islands.

Then Dr. Gilberto Gerra, Chief of the Drug Prevention and Health Branch of the United Nations Office of Drug and Crime (UNODC) provided a report on the global status of drug use and the effects of treatment.

Immediately after the Opening Ceremonies, the break-away workshops began.

The entire delegation was divided into six working groups: three in Spanish and



ORGANIZERS & GUESTS — LEFT PHOTO: the Honorable Francina Armengol, President of the Balearic Government, is welcomed by Jesus Mullor (L) and Bartomeu Catala. MIDDLE PHOTO: (L to R) Lino Salas of Responsible Communication Institute; Oriol Esculies, International Representative of Proyecto



Hombre; Luis Bononato, President of Proyecto Hombre Spain; Dr. Gilberto Gerra, Chief of Drug Prevention and Health Branch - UNODC; Bartomeu Catala, President of Projecte Home Balears and Chairman of the Organizing Committee; Jesus Mullor, Managing Director of Projecte Home Balears.

three in English.

Over the next two days, the groups gathered in different rooms to discuss only the four topics which had been developed by the Scientific Committee prior to the convention: 1) Methodology; 2) Sustainability and Management; 3) Leadership and Transition; and 4) External Interfaces.

At the end of each day, the respective Spokespersons of each working group reported its output to the general assembly.

Upon completion of the discussions, the Organizing Committee put together a draft of the *Mallorca Declaration* based on the six workshop outputs.

The draft was first reviewed by the Scientific Committee before it was subjected to the scrutiny of all participants sitting in plenary.

On the last day, it took only

minimal time to review, edit and approve the final draft, of the *Mallorca Declaration*. (*The full text is presented on pages 5-7*).

On a more solemn note, a special tribute that honored the life of former TC colleague Erik Broekaert, who had just passed away, was presented by his colleague in the plenary session.

During the Closing Ceremonies, brief reports were presented by the representatives of some regional federation. At around noon on December 3, the 5th WFTC Institute was formally closed.

Gala Dinner

A highlight of the gathering was a Gala Dinner on the evening of December 2. Everyone boarded two full size tourist buses and headed up the Tramuntana mountains to feast on exquisite

Spanish cuisine at the magnificent Gran Hotel Son Net.

While fine dining, the guests were entertained by a marvelous tenor singer-host and a spectacular Flamenco dancer.

During the event, several elders were honored for the countless contributions they had made to the WFTC.

For his selfless dedication in leading the organization for the past eight years, President Tony Gelormino was given the *William O'Brien Award* (named after the Monsignor who had founded the organization).

Also honored were James Pitts from the Odyssey Program in Sydney, Australia who received the *O Hobart Mauwer Award* along with Erik Broekaert (who had just passed away). His award was received by his staff.

Then all the Workshop Facilitators, Spokespersons

and members of the Scientific Committee were recognized for their contributions in facilitating the workshops and consolidating the Mallorca Declaration.

The formal affair was fittingly closed with the song *Time to Say Goodbye*, so excellently delivered by the singer-host.

In Closing

The 5th WFTC Institute was a big success as the goal of constituting a new *Declaration* on the TC was achieved with the passionate involvement and expertise of all the participants.

Special mention must also be made of the professionalism and dedication of the host agency and the well-defined schedule of activities and its efficient management.

Kudos to everyone, most especially to Projecte Home Balears!



Spanish Workshop II facilitated by Sergi Canal (R) and Fabian Chiosso.



English Workshop III facilitated by Phaedon Kaloterakis (R) and Martiñ Infante.



◀ *Clockwise from far left:* James Pitts of Odyssey House, Australia receives the O'Hobart Mauwer award from WFTC President Sushma Taylor; Recognition of workshop Facilitators, Spokespersons and members of the Scientific Committee during the Gala Dinner at the Gran Hotel Son Net; the delegates to the 5th WFTC Institute at the conference lobby of the Gran Melia Hotel after the closing ceremonies.



JESUS MULLOR
Chairman, Scientific Committee
5th WFTC Institute
and
Managing Director
Proyecto Home Balears
Palma de Mallorca, Spain

Muchas gracias a todos

Dear colleagues from around the world who are making Therapeutic Communities a valid and reliable alternative for thousands of people:

On behalf of all the team that organized the 5th WFTC Institute in Mallorca, I would like to express my gratitude for the active involvement of all those who participated in the working groups, their moderators, secretaries and spokespersons, as well as the representatives of the regional federations.

I wish to express my satisfaction for your participation in the joint production of knowledge, for having remembered what is essential in the Therapeutic Communities, and also for having identified our future challenges that will demand, again, research, innovation, creativity and effort of all of us.

The Declaration "Mallorca 2016" (excellently elaborated by everyone) is a successful realization of the goal of the Institute, but the most important thing is

that it should serve as a starting point that will make us become a little better in our service to those who need us in our communities — in our commitment, professionalism and respect for the human being.

Finally, I also want to send you my best wishes that, in your corner of the planet where you help those close to you, you do not lose the global vision of all those who live, feel and believe in Therapeutic Communities around the world.

WFTC Board forms Strategic Organizing Committee

On the evening of December 1, the WFTC Board Meeting was held in the plenary hall. Deputy President Dr. Sushma Taylor presided over the meeting and presented an opening report on the status of the organization.

She began by informing the members that WFTC President Tony Gelormino, who had fallen ill early in 2016, had turned over the leadership of the organization to her as the Deputy President.

She also explained that ever since Daytop had closed shop in the same year, WFTC had lost its official place of office.

Hence the secretarial functions had been taken over by volunteers who did their best to maintain the operations.

With these unexpected fall of events, Dr. Taylor assumed command of the WFTC and



transferred its operations from its previous home in New York to her office in San Francisco.

Treasurer Michael Harle then reported on the finances of the organization where he stressed the need to bolster collections. He noted that, in order to preserve a reasonable balance in the WFTC account under these circumstances, nothing was spent on the 5th Institute.

Dr. Taylor further reiterated that, she had done her best to keep the organization together during this challenging period but expressed the need for support from its members.

At this juncture, members began expressing their concerns and suggestions that would help drive the organization forward. An extended amount of time was spent in deliberating various issues. In the end, the major outcome of

the meeting was the election of a new set of officers and the formation of a Strategic Organizing Committee headed by Oriol Esculies of Proyecto Hombre, Spain.

The committee is composed of the following members: Ed Carlson of Odyssey House, USA; Fabian Chiosso of FONGA, Argentina; Phaedon Kaloterakis of KETHEA, Greece; Paul Vitale of Brighthouse Health, USA; Saionara König-reis of Dianova International, USA and Martin Infante of SELF, Philippines.

Appointed to Liaison with the committee are Deputy President Garth Popple and Treasurer Richard Steinberg on Fiscal matters.

The meeting ended with an air of hope for a more proactive WFTC organization in the coming years.



RESPONDING TO THE PHILIPPINE DRUG CRISIS — During the 5th WFTC Institute, Bartomeu Catala, Chairman of the Organizing Committee approached Asian Representative Martin Infante to express his concerns about the Philippine drug crisis on behalf of the Institute. Martin expressed his hope that the Philippine government would eventually accede to developing a National Rehabilitation Curriculum that would be based on the humanistic principles of the Therapeutic Community (TC). He said that if this suggestion were heard, the best way the WFTC could help would be in the form of Training Support. Toward this end, a Statement of Support (image at right) duly signed by WFTC President Sushma Taylor and Bartomeu Catala was published on December 3, 2016 and handed over to Martin during a Plenary Session. Top photo shows Bartomeu holding the draft of the statement with Martin Infante of SELF, Philippines and Martien Kooyma of the Netherlands.





Declaration of Mallorca

5th WFTC INSTITUTE: Essence and Innovation

December 3, 2016 | Palma de Mallorca, Spain

INTRODUCTION

The World Federation of Therapeutic Communities (WFTC) is an international association with the goal of uniting and supporting the broad global Therapeutic Community movement worldwide (the five continents). WFTC provides sharing, understanding, guidance and cooperation.

The Declaration of Mallorca has been adopted the 3rd of December 2016 in the city of Palma de Mallorca, Spain, within the celebration of the 5th Institute of the World Federation of Therapeutic Communities, organized by the Asociación Proyecto Hombre and Projecte Home Balears. More than 150 experts in addiction and Therapeutic Communities from 26 countries have participated. This declaration comes out after three days of deliberations and contributions, organized in working groups and under the guidance of the WFTC Board, the members of the Institute Scientific Committee and the coordinator of the Declaration.

The Declaration of Mallorca is based on a group of actions, recommendations and agreements in terms of primary care, treatment, recovery and social re-integration of drug-dependent population, including drug prevention, with the goal of implementing them over the following ten years, until 2026. The previous Declaration was established in 2010 in the Italian city of Genoa during the 4th WFTC Institute, organized by CEIS Genoa.

The Declaration of Mallorca recognizes the Therapeutic Community (TC) as one of the most effective approaches for the rehabilitation and recovery of addicted people and their families worldwide.

All the participants commit themselves to accomplish the actions and recommendations expressed in the Declaration and to transfer them to their therapeutic communities and to the rest of the regional and international community.

MAIN CRITERIA

The Declaration of Mallorca has been elaborated under the following main criteria:

COMMITMENT TO PEOPLE – Our action is fully oriented to give the best service available to those who suffer from their addictions, also their family and social environment and their communities all over the world, based on a non-profit honest work. We are also committed to the Universal Declaration of Human Rights, the Declaration of the Rights of the Child and the Sustainable Development Goals.

INNOVATION – It acknowledges the effectiveness of the essential elements of the Therapeutic Communities (TC) as well as the broad range of adapted methodologies and modified TC approaches worldwide. Research and evidence based practices are unequivocally supported.

PARTICIPATION – The Declaration is approved by the members participating at the 5th WFTC Institute, following a participatory systematic process with high consensus and transparency.

ACHIEVABLE – The Declaration's proposals are concrete, clear and measurable. The conclusions are realistic, applicable and affordable.

WILLINGNESS TO DISSEMINATE – An active dissemination of the present declaration will be made throughout the Therapeutic Communities movement and other stakeholders such as local, national and international organizations, civil society institutions, professional's bodies, addicted populations and their families.

MAIN THEMES

Therapeutic Communities support a wide range of addiction profiles, with an increasing attention to specific vulnerable groups such as women, children, the homeless, people with HIV, Hepatitis C, co-occurring disorders, offenders and others.

The interventions have to be adapted to the participants' needs and their cultural, economic, social and religious diversity.

It is critical for representatives from international and regional organizations, governments, civil society and private sector to recognize the role of the Therapeutic Community movement in resolving the world drug problem and the consequent suffering of millions of people. Therapeutic Communities stress the fight against stigmatization of the addicted population.

Much progress has been made in introducing the gender perspective into the treatment of addictions. Nonetheless, organizations are invited to reinforce these achievements as a priority.

Therapeutic Communities welcome aftercare services focused on improving the social reintegration of the participants. These follow-up services reduce relapsing episodes.

Families and other social networks become key factors during the TC treatment and we should encourage them to get engaged.

The promotion of vigorous research and evidence based outcomes is crucial for the sustainability of our TCs. Moreover, we invite all organizations to be involved in publishing scientific papers and collaborating with academia and the research community.

We call upon the WFTC and all members to produce cost-benefits studies to demonstrate the value of the TC model to the stakeholders.

We acknowledge that transparency and accountability are fundamental aspects of the functioning of the organizations in the addiction field. These are the mandatory prerequisites for obtaining and sustaining credibility from governments and society.

In many countries Therapeutic Communities are insufficiently funded. We encourage the policy makers to support TCs, for they provide an irreplaceable aid for recovering addicted people. It is urgent to diversify resources and to explore alternative funding.

The WFTC will reinforce a continuing presence and advocacy of the TC movement at international organizations and fora in collaboration with the regional federations and civil society networks.

We recognize that TC staff need continuous training and education, mentoring, caregiving and external supervision. Staff well-being should be promoted in order to minimize the possibility of burn-out.

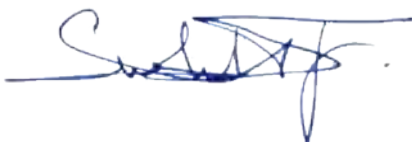
Therapeutic Communities require interdisciplinary professional teams, including experts by experience, to deal with the complexity of addiction within a bio-psycho-social framework. The identity of the TC staff lies in a combination of professionalism, vocation of service and the passion for people.

TC leadership should be inspirational, transparent, and of service to the community and to the organizations. The TC movement is evolving to new organizational leadership. The renewal of leadership is of paramount importance and can be achieved through carefully designed succession plans.

Communication through internet and social media is an indispensable tool for increasing the awareness of society about the harmful consequences of addiction. This type of communication also contributes to the visibility of the TCs and their effectiveness.

CONCLUSION

This declaration reaffirms the commitment of the Therapeutic Community movement to serve addicted populations and their social networks all over the world by restoring their hope, dignity and personal well-being.



SUSHMA TAYLOR

President, World Federation Therapeutic Communities



JESUS MULLOR

Chairman, 5th WFTC Institute Scientific Committee

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The famous 17th century Santa Maria Cathedral graces the coastline of Palma de Mallorca, the venue of the 5th WFTC Institute.



President's Message

Toward a stronger WFTC

Colleagues,

Salutations for the New Year!

The dedication and commitment World Federation of Therapeutic Communities (WFTC) member organizations continue to exhibit is truly amazing. We can take pride in the fact that we truly influence change through our work and our advocacy.

WFTC members have successfully engaged in the development of effective program models for over 50 years. We have successfully showcased the miracle of recovery. That overcoming acute adversity — such as abuse, addiction, poverty and social dislocation — transforms lives. WFTC members have continued to seek solutions, to learn, to grow, to adapt and to adjust.

We have adjusted to changing participant demographics, to fluctuating financial support, to shifts in government policies and to the complexities of consumption patterns.

It is with this look towards the future that WFTC recently convened in Palma de Mallorca to discuss, deliberate and to develop an organizational manifesto. This

document affirms our principles and our resolve.

We must applaud everyone who helped in shaping this document to reflect the will of the collective group. We are particularly grateful to those key few who molded our thoughts and ideas into a collective, unified written vision. We thank you.

As we look towards the future, we can take pride in our accomplishments and still remember the challenges that remain. We must unite as a collective voice which can continue to speak our truth. We must share knowledge, exchange information and remain steadfast in our advocacy and in our support for global leaders to serve as officers of WFTC who will assist me in the noble work that we have undertaken.

The WFTC officers look forward to working with each of you.

Thank you for all you do.

Sushma D. Taylor, Ph.D.
President, WFTC

WFTC BULLETIN

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